

HIGH STREET DELI SERVED BETWEEN 12-4

Ronni'z Steak

Pan fried Welsh rump, garlic, Perl Lâs Organic Welsh blue cheese, onion chutney, sriracha mayo and rocket served on a baguette **£14**

Top Notch Grilled Halloumi V

Halloumi, roasted pepper, pesto and rocket served in a crunchy baguette £9.50

Crayfish Cocktail

A sophisticated combination of sweet crayfish, guacamole and silky homemade mayo on crunchy sourdough slices £12

Open Chicken Caesar

Shredded roasted chicken, Parmesan cheese and Caesar dressing in a crunchy open baguette £9.50

Shredded Pork Shoulder

Slow-cooked, traditionally-reared pulled pork baguette with stuffing and crackling, drizzled in our homemade gravy £9.50

Soup & Half Baguette

Homemade soup of the day and choose from our Welsh cheddar, honey roasted ham or grilled vegetables with halloumi £9.50

BRUNCH SERVED BETWEEN 9-4

All Day Welsh Breakfast GF

Two fried eggs, two rashes of bacon, one 'Andrew Rees Butchers' sausage, a roasted plum tomato, mushrooms, fried potatoes, baked beans, black pudding and toast £10

Ronni'z Steak & Eggs GF

Welsh steak with eggs, fried potatoes, Perl Lâs blue cheese, onions and mushrooms all served in a sizzling pan £13.50

Roasted Asparagus & Eggs V GF

Asparagus, roast baby tomatoes and guacamole topped with poached eggs on sourdough slices £11

ADD SMOKED STREAKY BACON £2

Garden Breakfast

Roasted plum tomato, roasted peppers, mushrooms, fried potatoes, baked beans, guacamole and toast £10 WOULD YOU LIKE TO ADD EGGS?

FOR THE TABLE

Antipasti

Selection of cured meats, Welsh cheese, olives, chutney and chef's bread £19

Ronni'z Mezze V

Hummus, marinated olives, stuffed pimentos and chef's bread £15

Seafood Platter GF

Prawn cocktail, 'Salt and Smoke' smoked salmon, chilli and lime scallops, roasted cod and coriander salsa £26

APPETIZERS

Sticky Chicken Wings

Chicken wings with chilli, cayenne pepper and hot sauce £9

Perl Lâs and Onion Chutney Bruschetta V

Organic Perl Lâs blue cheese with onion chutney on toasted bread £9

Seafood Cocktail GF

'Salt and Smoke' smoked salmon, crayfish and prawn cocktail £13

CHOW DOWN BOWLS

BBQ stir fried beef strips with peppers, onions and mushrooms £8

Breaded halloumi with sweet chilli V £8

Chilli pan fried prawns with chorizo in garlic butter £8

Ronni'z potatoes, tomato, chilli sauce and melted Welsh cheddar cheese £7

Scallops with chilli and lime £10

MAIN EVENT

Welsh Sirloin GF

10oz served with cherry vine tomatoes, skinny fries or herb wedges, chimichurri and Ronni'z butter £29

Welsh Rump GF

10oz served with cherry vine tomatoes, skinny fries or herb wedges, chimichurri and Ronni'z butter £21

Welsh Fillet steak

10oz served with cherry vine tomatoes, skinny fries or herb wedges, chimichurri and Ronni'z butter £33

ADD ONION RINGS £4.50 | ADD A SAUCE £4 : CREAMY STILTON OR PEPPERCORN

Ronni'z Burger

Chargrilled beef burger with sautéed peppers, onions & mushrooms, melted cheese and a burger relish. Served with skinny fries or herb wedges £16.50

Fillet of Hake GF

Pan fried fillet of hake with hasselback potatoes, carrots, tenderstem broccoli served with a chive and leek creamy sauce £24

Chilli Prawn Linguine GF

Prawns with tons of finely chopped chilli, lime, quality olive oil and a good slug of white wine, cream and spinach tossed in linguine pasta £18

Potato Gnocchi V

Roasted red peppers, wild mushrooms, butternut, tenderstem broccoli, peas, spinach, pine nuts served with garlic vegan butter. £16

Fish and Chips

Lightly battered hake and skinny fries with homemade tartare sauce and garden peas £16

If you require information regarding the presence of allergens in any of our food or drink, please ask your server who will be happy to help. Feel free to ask your server if we can make a dish gluten free.

GM oil may be used in the cooking of some foods.

FLATS

Garlic V

Classic Garlic **£8** *Upgrade* + Cheese **£2**

Margherita V

Mozzarella, cherry tomatoes and basil £13

Mushroom & Truffle V

Roasted mushrooms, truffle aioli and scallions £14

Chorizo & Onion

Chorizo, marinated onion, honey and chimichurri £16

Shaun's Special Flatbread

Chorizo, pickled onion, mushrooms, scallions, truffle alioli, cherry tomato and cheese £18

SALADS

Chicken Caesar

Shredded chicken, baby vines, shredded gem lettuce, croutons and parmesan cheese £15.50

Ronni'z Special Salad V

Mixed leaves with chargrilled halloumi, olives, pepper, tzatziki and our own rosemary and garlic oil £15

Cajun Fried Salmon Salad

Pickled onion, beetroot, olives, tomato, cucumber and mixed vegetables £24

SIDES

Side salad £4
Marinated olives £4
Skinny fries £4
Herb wedges £4
Chef's flat bread with olive oil and balsamic £7
Onion rings £4.50
Mixed panné of vegetables £4

We are proud of our location in Wales, and care about showcasing the best of local produce across our menu, including: Andrew Rees Butchers; Swansea Fish; Salt and Smoke Salmon; Upton Farm Foods; Four Seasons Fruit and Vegetables; Pant Mawr Cheese; Templeton Beer & Wine; Tenby Harbwr Brewery.

