

HIGH STREET DELI SERVED BETWEEN 12-4

Ronni's Steak

Pan fried Welsh rump, garlic, Organic Perl Lâs Welsh blue cheese, onion chutney, sriracha mayo and rocket served on a baguette **£14**

Top Notch Grilled Halloumi V

Halloumi, roasted pepper, pesto and rocket served in a crunchy baguette **£9.50**

'Salt + Smoke' Smoked Salmon, Cream Cheese & Chive

Award-winning Tenby smoked salmon and cream cheese with lemon and chive on sourdough slices **£12**

Open Chicken Caesar

Shredded roasted chicken, Parmesan cheese and Caesar dressing in a crunchy open baguette **£9.50**

Shredded Pork Shoulder

Slow-cooked, hand-reared pulled pork baguette with stuffing, crackling, and homemade gravy **£9.50**

BRUNCH SERVED BETWEEN 9-4

All Day Welsh Breakfast

One fried egg, two rashers of bacon, one 'Andrew Rees Butchers' sausage, a roasted plum tomato, mushrooms, fried potatoes, baked beans, black pudding and toast **£10**

Ronni's Steak & Eggs

Welsh steak & eggs, fried potatoes, Organic Perl Lâs blue cheese, onions and mushrooms served in a sizzling pan **£13.50**

Roasted Asparagus & Eggs V

Asparagus, roast baby tomatoes and guacamole with poached eggs on a sourdough slice **£11** **ADD SMOKED BACON £2**

Garden Breakfast VE (ASK TO ADD EGGS)

Roasted plum tomato, roasted peppers, mushrooms, fried potatoes, baked beans, guacamole and toast **£10**

Eggs Royale

Two poached eggs served with 'Salt + Smoke' smoked salmon and hollandaise on a toasted muffin **£10.95**

Pan-fried Sea Bass Florentine

Served on top of herby diced potatoes and wilted spinach, topped with a poached egg and hollandaise sauce **£14.50**

Waffles with Eggs

Potato waffle stack with an over easy egg and spicy ranch sauce **£9**

Waffles with Streaky Bacon

Potato waffle stack with streaky bacon, topped with an over easy egg and maple syrup **£9**

APPETIZERS

Sticky Chicken Wings

Chicken wings with chilli, cayenne pepper and hot sauce **£9**

Organic Perl Lâs and Onion Chutney Bruschetta V

Perl Lâs blue cheese with onion chutney on toasted bruschetta **£9**

'Salt + Smoke' Smoked Salmon and Prawn Cocktail

Award-winning Tenby's smoked salmon and prawn cocktail **£13**

CHOW DOWN BOWLS

BBQ stir fried beef strips with peppers, onions and mushrooms **£9.50**

Breaded halloumi with sweet chilli V **£8**

Chilli pan fried prawns with chorizo in garlic butter **£8**

Ronni's potatoes, tomato, chilli sauce, and melted cheese **£7**

Fish goujons with homemade tartare sauce topped with Parmesan **£8**

MAIN EVENT

ADD ONION RINGS £4.50 | ADD A SAUCE £4 : CREAMY STILTON OR PEPPERCORN

10oz Welsh Sirloin

With cherry vine tomatoes, skinny fries or herb wedges, chimichurri and Ronni's butter **£27**

10oz Welsh Rump

With cherry vine tomatoes, skinny fries or herb wedges, chimichurri and Ronni's butter **£23**

8oz Welsh Fillet

With cherry vine tomatoes, skinny fries or herb wedges, chimichurri and Ronni's butter **£31**

Ronni's Burger

Chargrilled beef burger with sautéed peppers, onions & mushrooms, melted cheese and a burger relish. Served with skinny fries or herb wedges **£16.50**

Creamy Garlic Mushroom Chicken

Succulent pan-fried chicken with garlic and mushroom cream sauce, bacon crushed new potatoes, roasted carrots and Tenderstem broccoli **£24**

Fillet of Hake

Pan fried fillet of hake with hasselback potatoes, carrots, Tenderstem broccoli served with a chive and leek creamy sauce **£24**

Chilli Prawn Tagliatelle

Prawns with tons of finely chopped chilli, lime, quality olive oil and a good slug of white wine, cream and spinach tossed in tagliatelle pasta **£18**

Wild Mushroom & Truffle Risotto VE

Rich and luxurious risotto with an earthy truffle flavour and wild mushrooms **£17**

ADD SALTY PARMESAN CHEESE 50P

ADD RUMP STRIPS £5

Fish and Chips

Lightly battered cod and skinny fries with homemade tartare sauce and garden peas **£16**

If you require information regarding the presence of allergens in any of our food or drink, please ask your server who will be happy to help. Feel free to ask your server if we can make a dish gluten free.

GM oil may be used in the cooking of some foods.

FLATS

Garlic V

Classic Garlic **£8** *Upgrade + Cheese £2*

Margherita V

Mozzarella, cherry tomatoes and basil **£13**

Mushroom & Truffle V

Roasted mushrooms, truffle aioli and scallions **£14**

Caramelised Onion & Goat's Cheese V

With sweet pimentos, marinated olives and rocket **£16**

Chorizo & Onion

Chorizo, marinated onion, honey and chimichurri **£16**

Caramelised Onion Chutney & Prosciutto

With Organic Perl Lâs blue cheese, cherry tomatoes and fresh chilli **£16**

SALADS

Chicken Caesar

Shredded chicken, baby vines, shredded gem lettuce, croutons and parmesan cheese **£15.50**

Ronni's Special Salad V

Mixed leaves with chargrilled halloumi, olives, pepper, tzatziki and our own rosemary & garlic oil **£15**

Ronni's Steak Niçoise Salad

French dressed mixed leaves with soft boiled egg, fine beans and olives, topped with steak strips **£16.50**

SIDES

Side salad **£4**

Marinated Olives **£4**

Skinny fries **£4**

Herb wedges **£4**

Chef's flat bread with oil and balsamic **£7**

Onion rings **£4.50**

Mixed panné of veggies **£4**

We are proud of our location in Wales, and care about showcasing the best of local produce across our menu, including: Andrew Rees Butchers; Swansea Fish; Salt + Smoke Salmon; Caws Cenarth Cheese; Egg Shed; PGI Welsh Beef; Neil Thomas, Fisherman; Upton Farm Foods; Four Seasons Fruit and Vegetables; Pant Mawr Cheese; Templeton Beer & Wine; Tenby Harbwr Brewery.