



APPETISERS

STICKY CHICKEN WINGS Juicy, tender chicken wings coated to perfection. Choose your favourite topping £10

BUFFALO - classic tangy heat

HOT HONEY & SESAME - sweet with a spicy kick

ASIAN BEEF STRIPS With peppers and onions and topped with spring onions and sesame £10.50

BREADED HALLOUMI WITH SWEET CHILLI V £9

CHILLI PRAWNS & CHORIZO Pan-fried chilli prawns with chorizo in garlic butter £9

FISH GOUJONS With homemade tartare sauce and topped with parmesan £9

FLATS

GARLIC V Classic garlic flat £9 *Add cheese + £2*

MARGHERITA V Mozzarella, cherry tomatoes and basil £14

MUSHROOM & TRUFFLE V Roasted mushrooms, truffle and garlic aioli £15

CHORIZO & PRAWN Chorizo, tomato, tiger prawns, parmesan and chimichurri £17

SIDES

SIDE SALAD £5

MARINATED OLIVES £5

SKINNY FRIES £5

ONION RINGS £5.50

SAUTÉED VEGGIES £5

TRUFFLE & PARMESAN FRIES £6.50

We are proud of our location in Wales, and care about using the best local produce: Andrew Rees Butchers; Swansea Fish; Salt + Smoke Salmon; Caws Cenarth Cheese; Egg Shed; PGI Welsh Beef; Neil Thomas (Fisherman); Upton Farm Foods; Four Seasons Fruit & Veg; Pant Mawr Cheese; Templeton Beer & Wine; Tenby Harbwr Brewery

BRUNCH SERVED 'TIL 4PM

RONNIZ' STEAK & EGGS Welsh steak and eggs, fried potatoes, creamy blue cheese, onions and mushrooms served in a sizzling pan £15

STEAK ROYALE One toasted English muffin with steak, rocket, crispy onions, poached egg and hollandaise sauce £14.50

ROASTED ASPARAGUS & EGGS V Asparagus, roasted cherry tomatoes and guacamole with poached eggs on a sourdough slice £12 *Add smoked bacon +£2*

ALL DAY WELSH BREAKFAST One fried egg, two rashers of bacon, one 'Andrew Rees Butchers' sausage, roasted tomato, mushrooms, fried potatoes, baked beans, black pudding and toast £11

GARDEN BREAKFAST VE (ASK TO ADD EGGS) Roasted cherry tomatoes, roasted peppers, mushrooms, fried potatoes, baked beans, guacamole and toast £11

HIGH STREET DELI SERVED 'TIL 4PM

WELSH STEAK Pan-fried Welsh steak strips, chimichurri, crispy onions, parmesan and rocket served on a baguette £14

PESTO PRIMAVERA Pesto roasted Mediterranean vegetables in a crunchy baguette £10

OPEN CHICKEN CAESAR Shredded, roasted chicken, parmesan cheese and Caesar dressing in a crunchy open baguette £10.50

OPEN PARMA HAM SANDWICH Parma ham, smashed minted peas, aioli, parmesan on toasted sough dough £11

RONNIZ' CUBANO Slow roasted pork, Pembrokeshire ham, melted cheese, gherkins and mustard £12

MAIN EVENT

PLEASE ASK TO SEE TODAY'S SPECIALS

16OZ BONE IN RIBEYE TOMAHAWK With cherry vine tomatoes, skinny fries, chimichurri and Ronniz' butter £29

8OZ WELSH FILLET With cherry vine tomatoes, skinny fries, chimichurri and Ronniz' butter £32

ADD A SAUCE: BLUE CHEESE OR PEPPERCORN £5 | ADD ONION RINGS £5.50

DOORSTOP HOMEMADE LASAGNE Rich, slow-cooked beef ragu, creamy béchamel sauce and fresh pasta sheets served with a side of golden, buttery garlic bread £17.50

SEABASS & PRAWNS Pan-fried seabass on a bed of tomato, prawn and chorizo risotto £26

PHILLY CHEESESTEAK BURGER Two chargrilled beef patty's with fried green peppers, melted cheese and cheese sauce served with skinny fries and slaw £18

BUTTERMILK CHICKEN BURGER Asian slaw, gochujang mayo served with skinny fries and salad £18

CHICKPEA, CUCUMBER & FETA SALAD Fresh rocket, lemon with blackberry dressing £14.50

FISH AND CHIPS Lightly battered cod and skinny fries with homemade tartare sauce and garden peas £17

CHICKEN CAESAR Shredded chicken, baby vine tomatoes, shredded gem lettuce, croutons and parmesan cheese £16.50

MUSHROOM RAGU V A rich mushroom ragu, slowly cooked and folded through thick Pappardelle pasta topped with parmesan £16